



Osseo Area Schools: SEIZURE ACTION PLAN

School Year: _____

Student's Name: _____	Date of Birth: _____
Student's Address: _____	
School Name: _____	School Address: _____
Parent/Guardian: _____	Phone: _____
Parent/Guardian: _____	Phone: _____
Treating Physician: _____	Phone: _____
Significant medical history: _____	Grade: _____
	Cell: _____
	Cell: _____

TYPES OF SEIZURES:

- Absence - staring and decrease in responsiveness
 Simple partial seizures
 Complex partial seizures
 Generalized tonic-clonic seizures
 Tonic seizures
 Drop (atonic) seizures
 Other (Specify)

Seizure symptoms/triggers/ warning signs/ last seizure: _____

SEIZURE INFORMATION:

- Date of last seizure: _____
- Describe typical seizure: _____
- Length of typical seizure: _____
- Frequency of seizures:
 Daily
 Weekly
 Monthly
 Other (Specify)
- Possible triggers: _____
- Student's response after seizure: _____

BASIC FIRST AID: CARE & COMFORT:

1. Note time the seizure begins and ends.
2. Remove objects around student such as chairs, desks, or tables to provide a safe environment.
3. Loosen tight clothing and turn student on side, if able.
4. Do not restrain student. Do not attempt to put anything in student's mouth.
5. Assure student that everything is all right. Stay with student until fully recovered. Allow student to rest after seizure.
6. Document how long seizure lasted and report to parents or emergency personnel, as needed.

EMERGENCY RESPONSE: Contact building nurse at:

A "seizure emergency" for this student is defined as: (please complete)

Seizure Emergency Protocol:

- Administer emergency medications as indicated below, for seizures lasting greater than _____ minutes.
- Call 911 when emergency medications administered or if student is having difficulty breathing.
- Notify parent or emergency contact.

TREATMENT PROTOCOL DURING SCHOOL HOURS: (include daily and emergency medications)

Medication	Dosage/Route	Special Instructions

Medication taken at home on a daily basis: _____

Does student have a **Vagus Nerve Stimulator (VNS)**?
 YES (If VNS see attached info)
 NO

TYPES OF LIMITATIONS:

- No Limitations
 Playground (specify): _____
 Physical Education (specify): _____
 Other (specify): _____

SPECIAL CONSIDERATIONS & SAFETY PRECAUTIONS: (regarding school activities, sports, trips, etc.)

Nurse Signature: _____

Date: _____

Parent Signature: _____ **Date:** _____