

2023 May

OSSEO AREA SCHOOLS

Middle School Lunch

ISD 279

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1	2	3	4	5
All Beef Hotdog Fritos Baked Beans	Chicken Sandwich (Regular or Spicy)	Brunch For Lunch French Toast Flavored Muffin Chicken Sausage Patties	Pizza (Turkey Pepperoni or Cheese) Caesar Salad	Buffalo Mac and Cheese with Nashville Hot Chicken Garlic Toast
International Poppin' Flavored Popcorn Chicken Day Southern Style OR Nashville Hot Fritos Garlic California Vegetables Fresh Fruit Assorted Fresh Vegetables Baked Beans	International Orange Chicken with White Rice Chicken Pot Sticker Honey Roasted Carrots Fresh Fruit Assorted Fresh Vegetable	International Chicken Taco in a Bag Potato Patties Fresh Fruit Assorted Fresh Vegetables	International Penne Grilled Chicken Alfredo Breadstick Steamed Seasoned Broccoli Fresh Fruit Assorted Fresh Vegetables	International General Tso Chicken Lo Mein Noodles Ginger Stir-Fry Vegetables Fresh Fruit Assorted Fresh Vegetables
8	9	10	11	12
Chicken Tender (Regular or Spicy) Garlic Breadstick	Breaded Chicken Drumstick Mashed Potatoes Chicken Gravy Dinner Roll	Mini Chicken Corndogs Chips	Chicken Wing Day Salted Pretzel with Cheese Sauce	Build your own Beef Nachos (Beef Taco Meat / Cheese Sauce) Corn Tortilla Chips
International Rotini and Beef Meat Sauce Garlic Breadstick Parmesan Spinach Alfredo with Tortilla Chips Fresh Fruit Assorted Fresh Vegetables	International Italian Dunker with Marinara Sauce Caesar Salad Savory Green Beans with Onions Fresh Fruit Assorted Fresh Vegetables	International Baja Beef Burrito Bowl with Flour Tortilla Cilantro Lime Rice Buttered Corn Fresh Fruit Assorted Fresh Vegetable Southwest Beans	International Cheeseburger Oven Roasted Brussel Sprouts Fresh Fruit Assorted Fresh Vegetable	International Sesame Chicken with Fried Rice Garlic Breadstick Oven Roasted Sweet Potatoes Fresh Fruit Assorted Fresh Vegetables
15	16	17	18	19
Poppin' Flavored Popcorn Chicken Day Southern Style OR Nashville Hot Fritos	Grilled Cheese Tomato Soup	Brunch For Lunch French Toast Flavored Muffin Chicken Sausage Patties Potato Patties	Pizza (Buffalo Chicken or Cheese Pizza) Caesar Salad	Buffalo Mac and Cheese with Nashville Hot Chicken Garlic Toast
International Thai Sweet Chili Chicken with White Rice Chicken Pot Sticker Buffalo Cauliflower Fresh Fruit Assorted Fresh Vegetables	International Penne Grilled Chicken Alfredo Garlic Toast Honey Roasted Carrots Fresh Fruit Assorted Fresh Vegetables	International Chicken Sandwich (Regular or Spicy) Oven Roasted Broccoli Fresh Fruit Assorted Fresh Vegetables	International Beef Walking Tacos Buttered Corn Fresh Fruit Assorted Fresh Vegetables Black Bean Salad	International Teriyaki Chicken Lo Mein Noodles Creamy Coleslaw Fresh Fruit Assorted Fresh Vegetables White Cake with Frosting
22	23	24	25	26
Chicken Wing Day Salted Pretzel with Cheese Sauce	Cheeseburger	Chicken Bites Mashed Potatoes and Chicken Gravy Dinner Roll	Cheesy Beef Totchos Fritos	Mini Chicken Corndogs Chips
International Rotini and Beef Meatball Marinara Garlic Breadstick Parmesan Spinach Alfredo with Tortilla Chips Fresh Fruit Assorted Fresh Vegetables	International KC Mesquite BBQ Chicken Drumstick Cornbread Fritos Sweet Potato Fries Fresh Fruit Assorted Fresh Vegetables Baked Beans	International Italian Dunker with Marinara Sauce Caesar Salad Mashed Potatoes and Chicken Gravy Fresh Fruit Assorted Fresh Vegetables	International Spicy Honey Chicken White Rice Chicken Potstickers Oven Roasted Brussel Sprouts Fresh Fruit Assorted Fresh Vegetables	International Hearty Beef Lasagna Garlic Toast Savory Green Beans and Onions Fresh Fruit Assorted Fresh Vegetables
29	30	31		
No School	Chicken Sandwich (Regular or Spicy)	Brunch For Lunch French Toast Flavored Muffin Chicken Sausage Patties		
	International Orange Chicken with White Rice Chicken Pot Sticker Honey Roasted Carrots Fresh Fruit Assorted Fresh Vegetable	International Chicken Taco in a Bag Potato Patties Fresh Fruit Assorted Fresh Vegetables		
Offered Daily				
Manager Choice Grab and Go Salad	Manager Choice Grab and Go Sandwich	Manager Choice Grab and Go Salad	Manager Choice Grab and Go Sandwich	Manager Choice Grab and Go Salad

IN SCHOOL OFFERED DAILY:

Manager Choice of: Yogurt Parfait, or Peanut Butter/Sun Butter and Jelly sandwich

This institution is an equal opportunity provider.