		2021 November Osseo Area Schools			
		Middle School Lunc	h I	SD 🕥 279	
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	
1	2	3	4	5	
Beef Meatball Sub	Chicken Sandwich	Brunch For Lunch	4 Pizza	Mac and Cheese	
Chips	Regular or Spicy	French Toast	(Turkey Pepperoni or Cheese)	Breadstick	
		Chicken Sausage Patties	Caesar Salad		
International	International Orange Chicken with White	International	International	International	
Chicken Taco in a Bag	Rice	Burrito Day	General Tso Chicken	Penne Grilled Chicken Alfredo	
	Chicken Pot Sticker	Chicken Verde Burrito OR Bean and Cheese Chili Relleno Burrito	Lo Mein Noodles	Breadstick	
Oven Roasted Sweet Potatoes	Savory Green Beans	Potato Patties	Ginger Stir-Fry Vegetables	Buttered Corn	
Fresh Fruit	Fresh Fruit	Fresh Fruit	Fresh Fruit	Fresh Fruit	
Assorted Fresh Vegetables	Assorted Fresh Vegetable	Assorted Fresh Vegetables	Assorted Fresh Vegetables	Assorted Fresh Vegetables	
Beef Taco Salad	Buffalo Grilled Chicken Hoagie	Beef Taco Salad	Buffalo Grilled Chicken Hoagie	Beef Taco Salad	
8	9	10	11	12	
Chicken Tender	Mini Chicken Corndog	Breaded Chicken Drumstick	Italian Dunker with Marinara	Cheesy Beef and Cheddar Hoagie	
(Regular or Spicy)	Chips	Mashed Potatoes	Marinara Sauce		
Breadstick International	International	Chicken Gravy International	International	International	
Rotini and Beef Meat Sauce	Baja Beef Burrito Bowl with			Sesame Chicken	
NUTILI ALL DEEL MEAT SAUCE	Flour Tortilla	Pizza	Cheesy Beef Totchos	Sesame Unicken	
Breadstick	Cilantro Lime Rice	(Mexican Beef Fiestada or Cheese)	Fritos Corn Chips	Lo Mein Noodles	
Parmesan Spinach Alfredo	Oven Roasted Curry	Chipotle Cinnamon Sweet	Tater Tots	Honey Roasted Carrots	
Fresh Fruit	Cauliflower Fresh Fruit	Potatoes Fresh Fruit	Fresh Fruit	Fresh Fruit	
Assorted Fresh Vegetables	Assorted Fresh Vegetable	Assorted Fresh Vegetables	Assorted Fresh Vegetable	Assorted Fresh Vegetables	
Grilled Chicken Ranch Salad	Pepperoni Pizza Lunch Box	Grilled Chicken Ranch Salad	Pepperoni Pizza Lunch Box	Grilled Chicken Ranch Salad	
15	16	17	18	19	
Grilled Cheese	Brunch For Lunch	BBQ Beef Rib Sandwich	Pizza	All Beef Hotdog	
Tomato Soup	French Toast		(Turkey Pepperoni and Cheese Pizza)	Curly Fries	
	Chicken Sausage Patties		112207		
	Potato Patties		I	latera etta et	
International Thai Sweet Chili Chicken White	International	International	International	International Penne Alfredo with Italian Chicken	
Rice	Burrito Day	Orange Chicken with Fried Rice	Roast Turkey with Gravy	Sausage	
Chicken Pot Sticker	Shredded Beef Chili Colorado Burrito	Chicken Pot Sticker	Mashed Potatoes	Breadstick	
	OR Bean and Cheese Chili Relleno Burrito		Dinner Roll		
Citrus Pineapple Butternut Squash	Seasoned Steamed Broccoli	Ginger Stir-Fried Vegetables	Steamed Buttered Corn	Creamy Coleslaw	
Fresh Fruit	Fresh Fruit	Fresh Fruit	Fresh Fruit	Fresh Fruit	
Assorted Fresh Vegetables	Assorted Fresh Vegetables	Assorted Fresh Vegetables	Assorted Fresh Vegetables Dessert	Assorted Fresh Vegetables	
Classic Chef Salad	Turkey Ham and Cheddar	Classic Chef Salad	Turkey Ham and Cheddar Hoagie	Classic Chef Salad	
22	Hoagie 23	24	25	26	
Sub Sandwich Day					
Turkey/Cheese or Turkey Ham/Cheese Cold Hoagie Sandwich	Cheeseburger	Chicken Nugget Mashed Potato Bowl	No School	No School	
Chips International	International	Dinner Roll International			
Rotini and Beef Meatball	Chicken Burrito Bowl with	Pizza			
Marinara	Flour Tortilla				
Breadsticks	Cilantro Lime Rice	(Mexican Beef Fiestada or Cheese)			
		Mashed Potatoes and Chicken			
Honoy Gingor Correto	Curly Erica	Gravy Buttered Corp			
Honey Ginger Carrots Fresh Fruit	Curly Fries Fresh Fruit	Buttered Corn Fresh Fruit			
Assorted Fresh Vegetables	Assorted Fresh Vegetables	Assorted Fresh Vegetables			
Asian Mandarin Orange Salad with Chicken	Smokey Chipotle Chicken Cheddar Hoagie	Asian Mandarin Orange Salad with Chicken			
29	30				
Beef Meatball Sub	Chicken Sandwich				
Chips International	Regular or Spicy International				
Chicken Taco in a Bag	Orange Chicken with White				
	Rice Chicken Pot Sticker				
Oven Roasted Sweet Potatoes	Savory Green Beans				
Fresh Fruit	Fresh Fruit				
Assorted Fresh Vegetables	Assorted Fresh Vegetable				
Beef Taco Salad	Buffalo Grilled Chicken Hoagie				
IN SCHOOL OFFERED DAI	. v.	1	1	1	

IN SCHOOL OFFERED DAILY: Yogurt Parfait, or Peanut Butter or Sun Butter and Jelly sandwich This institution is an equal opportunity provider.